



Sample Menu

	<u>Breakfast</u>	<u>Morning Snack</u>	<u>Lunch</u>	<u>Pudding</u>	<u>Afternoon Snack</u>	<u>Tea</u>
<i>Mon</i>	<i>Toast & Marmite/ Cereal</i>	<i>Breadsticks & Mixed Peppers</i>	<i>Macaroni & Cauliflower Cheese</i>	<i>Flapjack</i>	<i>Crackers & Cream Cheese</i>	<i>Tuna Mayo Sandwiches Scones Fresh Fruit</i>
<i>Tue</i>	<i>Toast & Marmite/ Cereal</i>	<i>Melba Toast, Tomatoes, Carrots with dip</i>	<i>Cottage Pie with vegetables</i>	<i>Cheese & Apple</i>	<i>Fresh Fruit & Milk</i>	<i>Baked Beans on Toast Homemade Cake Fresh Fruit</i>
<i>Weds</i>	<i>Toast & Marmite/ Cereal</i>	<i>Crackers, Cheese & Pineapple</i>	<i>Roast Chicken, Served with Mashed Potato, Vegetables & Yorkshire Pudding</i>	<i>Homemade Cake</i>	<i>Carrot Batons with dip</i>	<i>Tomato Soup with bread Crumpets Fresh Fruit</i>
<i>Thurs</i>	<i>Toast & Marmite/ Cereal</i>	<i>Bananas & Ryvita</i>	<i>Chickpea & Vegetable Curry with Rice</i>	<i>Baked Bananas & Ice Cream</i>	<i>Melba Toast & Dairylea</i>	<i>Cheese & Ham Potato Cake with Cucumber Sticks Biscuits & Fresh Fruit</i>
<i>Fri</i>	<i>Toast & Marmite/ Cereal</i>	<i>Rice cake & Fruit</i>	<i>Fish Fingers With Jacket Potato & Vegetables</i>	<i>Frozen Yoghurt</i>	<i>Carrot & Cucumber Sticks</i>	<i>Dairylea Sandwiches Fruit Loaf Fresh Fruit</i>